

# **Britt Turpack**

Mental Health • Movement • Motivation



Schools, businesses, organizations, groups: Messaging is tailored to your specific needs!

### **Book Britt!**



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www.bewellwithbritt.com

### **Speaking Events**

### In-Person Speaking Events

#### Includes:

- Audience activation
- Keynote
- Meditation offering
- Q&A

\$5,000 and up Travel expenses not included

### **Virtual Speaking Events**

#### Includes:

- Audience activation
- Keynote
- Meditation offering
- Q&A

\$2,500 and up

## **More Offerings**

- Yoga, mindful movement
- Journaling exercises
- Full meditation class
- Additional speakers